

GRADUATE PROFESSIONAL COUNCIL'S STUDENT OF THE WEEK

A series showcasing the talented graduate and professional students at the
University of Missouri

YVETTE CHAMBERS

M. Ed, Positive Coaching and Athletic Leadership



VOLUNTEER SERVICE:

Yvette has been serving children and families most of her adult life. She has been known to volunteer her time teaching Yogato children in transitional housing, providing meals to those that are medically fragile, and those with out housing.

EXTRACURRICULAR PROGRAMS:

Yvette has worked with a plethora of programs through out Central MO to bring growth, connections and knowledge to thoseshe works with through Early Childhood programs, youth development programs, and family programs.

She currently owns herown small business where she coaches mindfulness and yoga to a diverse group of individuals. She is a certified yogainstructor for children, youth, and trauma informed.

Yvette is a member of the board for Community Health Workers-MO and represents Central MO.

More about Yvette on the next page!

HOW DOES YVETTE HOPE TO BETTER THE WORLD?

Yvette wants to work with children and families and to keep inspiring them to be mindful, intentional, and purposeful in all that they do.

WHAT IS ONE THING YOU WISH PEOPLE KNEW ABOUT YOUR FIELD?

This is a field that has many facets. You can take a path that is relevant to you and your work. When working with children and youth, there is not one way of doing things, when leading others, there is not one path to take. It is important to be a transformational leader and a positive role model. In the field of positive psychology and positive coaching, you can mold your program to what is meaningful to yourself and those you serve.

HEAR WHAT YVETTE'S NOMINATOR HAD TO SAY:

Yvette has always had a heart of gold. She will buy coffee for strangers on cold mornings, provide meals to those who are hungry, comfort those who are sad. Yvette will always be willing to lend a hand. She is deeply loved and appreciated by her family.

WHAT IS ONE THING THAT HAS BEEN INVALUABLE TO YOUR STUDIES?

Yvette loves to learn and share what she has learned. Throughout the Masters in Positive Coaching and Athlete Leadership, Yvette loves to assist others in helping them be the best version of themselves. The Knowledge gained in this program has provided so many tools that can be used in not only athletic coaching, but also in life.

Know a fantastic student who should be highlighted? Fill out this form:
<https://missouri.campuslabs.com/engage/submitter/form/start/448219>