



## Graduate Well-Being Survey

▼ Informed Consent

Block Options ▾



Consent

CONSENT INFORMATION FOR Graduate Happiness and Well-Being Survey  
IRB #2008022

**What is the purpose of the survey?**

The primary goal of this survey is to assess the needs, happiness, and well-being of graduate and professional students at the University of Missouri-Columbia.

**What does this study involve?**

In this research survey, you will complete an online questionnaire about well-being that will take you 10-20 minutes to complete. You are only eligible for this study if you are at least 18 years old. Your participation is voluntary. The results may also be published by the Graduate Professional Council (GPC), but only in group form, without personal identifiers.

**What are the risks?**

In this survey, you will answer questions and make judgments about your graduate student experience. Otherwise, this survey is no more risky than everyday activity. Some questions may be of a personal nature, but they will not be linked to your name or identity, so there should be no risk to any of your relationships on campus. You may choose to not respond to any questions you wish.

**How much will I be compensated for this study?**

At the end of the survey, you may choose to enter into a drawing for prizes, which consist of three \$100 gift cards to the Mizzou Store. To enter your name, you will be given a secure link to a separate survey, where your name cannot be matched to your survey responses.

**Where is this study being done?**

This research survey is being conducted among graduate and professional students at the University of Missouri-Columbia.

**Who is conducting this study?**

This research survey is being conducted by the Graduate Professional Council (GPC), the official student council for graduate and professional students at the University of Missouri, under advisement from Dr. Christy Hutton (huttoncc@missouri.edu) from the MU Counseling department. The Student Affairs committee was primarily responsible for constructing and distributing this survey, and you may contact the primary designer of this survey, Glenn Baker, if you have questions at gpcsecretary@missouri.edu. Survey data may be shared with groups on campus who have specific questions related to graduate well-being, as well as for the sake of data transparency. However, all data will be anonymous; no one observing survey responses will be able to tell who responded.

**Who do I contact if I have more questions?**

You may contact GPC at gpc@missouri.edu if you have any questions about this survey. You may contact the Campus Institutional Review Board if you have questions about your rights, concerns, complaints or comments regarding this survey. You can contact the Campus Institutional Review Board at the University of Missouri directly by telephone or

campus instructional review board at the University of Missouri directly by telephone or email to voice or solicit any concerns, questions, input or complaints about this study. The Campus IRB is located at 483 McReynolds Hall Columbia, MO 65211. Their phone number is (573) 882-9585. You may email the IRB at [umcresearchcirb@missouri.edu](mailto:umcresearchcirb@missouri.edu) or visit their website: <http://www.research.missouri.edu/cirb/index.htm>

Remember, you may stop your participation at any time without penalty, and you may refuse to answer any question. However, we ask that you try to only skip questions that would otherwise make you feel anxious, embarrassed, or otherwise uncomfortable. The more information we have, the better we will be able to improve the graduate student experience.

Thank you for your participation!

\*\*\*Please contact [gpcsecretary@missouri.edu](mailto:gpcsecretary@missouri.edu) for a written copy of this consent information.

**Have you read the consent information above, and do you agree to participate?**

- Yes, I wish to participate
- No, I do not wish to participate

 ConsentTime

This question lets you record and manage how long a participant spends on this page. This question will not be displayed to the participant.



Demographic questions

Block Options

 Ins

Please answer the following demographic questions.



 Student

Are you...

- A domestic student
- An international student



 Grad/Professional

Are you a...

- Professional student
- Graduate student



 Degree

What is your degree program?

- Doctorate (Ph.D.)
- Masters (MA, MS, MBA, MArch, LLM, etc.)
- Professional (MD, JD, DVM, etc.)



Page Break

What is your age, in years?  
(Enter numbers only)

Age



How do you describe yourself?

Gender



- Man
- Woman
- Transgender man
- Transgender woman
- Other

Which best reflects your ethnic/racial identity? Check all that apply.

Race



- American Indian/Alaska native
- Asian/Asian American
- Asian Indian
- Black/African American
- Hispanic/Latino
- Native Hawaiian/Pacific Islander
- White/European American
- More than one race
- Other

Page Break

Are you married or in a domestic partnership?

Married



- Yes
- No

Are you a parent or caregiver?

parent



- Yes
- No

Page Break



Display This Question:

If Are you a parent or caregiver? Yes Is Selected



WorkLife

If you are a parent or caregiver, please indicate how much you agree or disagree with each of the following statements.



	Strongly Disagree 1	Disagree 2	Slightly Disagree 3	Neither Agree nor Disagree 4	Slightly Agree 5	Agree 6	Strongly Agree 7
I'm able to balance my work and my family life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have access to affordable childcare	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have access to quality childcare	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There is sufficient childcare available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Page Break

Field

Broadly speaking, what is your primary field of study?



- Arts and Humanities
- Biological Sciences
- Business
- Engineering
- Law/Policy
- Physical Sciences
- Social Sciences
- Medicine/Health
- Veterinary/Animal Sciences

CareerGoals1

What type of career do you plan on pursuing after graduation?



- Academia
- Industry
- Non-profit
- Government
- Entrepreneurship
- Other (please list)

DemoTime

This question lets you record and manage how long a participant spends on this page. This question will not be displayed to the participant.



7-Achievement Orientation Scale

Block Options

Please indicate how much you agree or disagree with each of the following statements.

Achievement

I often...



	Strongly disagree 1	Disagree 2	Slightly disagree 3	Neither agree nor disagree 4	Slightly agree 5	Agree 6	Strongly agree 7
Do more than what's expected of me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Accomplish a lot of work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Excel in what I do	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Plunge into tasks with all my heart	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do a lot in my spare time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do just enough work to get by	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hang around doing nothing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shirk my duties	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Find it difficult to get down to work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Need a push to get started	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

This question lets you record and manage how long a participant spends on this page. This question will not be displayed to the participant.

AchieveTime



Life Satisfaction

Block Options

Please indicate how much you agree or disagree with each of the following statements.

LifeSat1



	Strongly disagree 1	Disagree 2	Somewhat disagree 3	Neither agree nor disagree 4	Somewhat agree 5	Agree 6	Strongly agree 7
In most ways my life is close to my ideal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The conditions of my life are excellent	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am satisfied with life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
So far I have gotten the important things I want in life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If I could live my life over, I would change almost nothing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

 LifesatTime

This question lets you record and manage how long a participant spends on this page. This question will not be displayed to the participant.



▼ MLQ

Block Options ▼

 MLQ

Please indicate how much you agree or disagree with each of the following statements.



	Strongly disagree	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree	Strongly agree
	1	2	3	4	5	6	7
I understand my life's meaning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am looking for something that makes my life feel meaningful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am always looking to find my life's purpose	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life has a clear sense of purpose	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a good sense of what makes my life meaningful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have discovered a satisfying life purpose	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am always searching for something that makes my life feel significant	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am seeking a purpose or mission for my life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life has no clear purpose	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am searching for meaning in my life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>


 MLQTime


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▼ 3-Basic Human Needs


Block Options ▼


 Please indicate how much you agree or disagree with each of the following statements.

Living 

	Strongly Disagree 1	Disagree 2	Somewhat Disagree 3	Neither Agree nor Disagree 4	Somewhat Agree 5	Agree 6	Strongly Agree 7
Where I live, I feel safe	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I'm satisfied with my living conditions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
On campus, I feel safe	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Off campus, I feel safe	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>


----- Page Break -----


 Please indicate how much you agree or disagree with each of the following statements.

campus 

	Strongly disagree 1	Disagree 2	Somewhat disagree 3	Neither agree nor disagree 4	Somewhat agree 5	Agree 6	Strongly agree 7
There is adequate lightings on campus streets	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There is adequate lighting in campus buildings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My department facilities/buildings are adequately clean	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My department facilities/buildings are in good condition	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are enough emergency phones on campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

----- Page Break -----

 If you feel unsafe on campus, what are some of the reasons? Check all that apply.

CampusSafety1  On campus I am afraid of...

- Physical assault
- Sexual assault
- Verbal assault
- Harrassment
- Identity-based violence
- Stalking
- Abduction
- Theft
- Other (please list)

Page Break

Safety

In general, how safe do you feel around each of the following groups?



	Extremely unsafe 1	Unsafe 2	Somewhat unsafe 3	Neither safe nor unsafe 4	Somewhat safe 5	Safe 6	Extremely safe 7
Graduate/Professional students	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Undergraduate students	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Faculty	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Non-students	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Columbia police	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Campus police	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Page Break

SleepEat

Please indicate how much you agree or disagree with each of the following statements.



	Strongly disagree 1	Disagree 2	Somewhat disagree 3	Neither agree nor disagree 4	Somewt agree 5
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- Over the past week, I've had enough sleep at night to feel fully alert and well-rested during the day
- Over the past week, I've eaten enough to feel well throughout the day

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Sleep2

About how many hours of sleep were you able to get each night over the past week, on average?  
(Enter numbers only)




Page Break

Sick

Have you been sick or ill so far this academic year?



- Yes
- No

Health

How has your overall health been so far this academic year?




- Very Poor
- Poor
- Fair
- Good
- Very Good




↳ **Display This Question:** If Have you been sick or ill so far this academic year? Yes Is Selected

Sick2 About how many days have you been ill?  
(Enter numbers only)




----- Page Break -----


Rent1 If you rent a property (a house, an apartment, a townhouse, etc.) in Columbia or a neighboring town/city near Mizzou, does your landlord through your lease agreement provide you with ample notice (12 hours, 24 hours, 48 hours, etc.) for entering the rented property via an email message, a notice in the mail, a phone call, or text message?

  Yes  
 No  
 Do not know  
 Not applicable

Rent2 Have you ever had to pay a rental agency a fee (i.e. \$25, \$50, or \$75) to see and conduct a walk through of a potential property that you are interested in renting?


  Yes  
 No  
 Not applicable

Rent3 Have you ever been a victim of your landlord or a rental agency keeping your entire security deposit or a portion of your security deposit without a justified reason (i.e. you sent the landlord or rental agency a security deposit to reserve a rental property, but you decided to choose a different rental property)?

  Yes  
 No  
 Not applicable

----- Page Break -----

SpecialNee ds1 Have you used the Disability Center as a resource for academic assistance or needed the use of physical accommodations to access locations on campus during your time here at MU?

  Yes  
 No

Display This Question:



If Have you used the Disability Center as a resource for academic assistance or needed the use of ph... Yes Is Selected



SpecialNee ds2

If you are differently abled and required special accommodations to succeed academically, please indicate the extent that you agree or disagree with the following statements.



	Strongly disagree	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree	Strongly agree
	1	2	3	4	5	6	7
My <u>department</u> meets my needs to help me succeed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The <u>University</u> meets my needs to help me succeed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have difficulty using University websites	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have difficulty accessing University resources	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have difficulty using the Disability Center's website	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have difficulty scheduling my academic accommodations with the Disability Center	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Page Break

**Display This Question:**

If Have you used the Disability Center as a resource for academic assistance or needed the use of ph... Yes Is Selected



Specialnee  
ds3

If you have needed to use physical accommodations (building ramps, elevators, curb ramps) to access locations on campus, please indicate to the extent that you agree or disagree with the following statements.



	Strongly disagree	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree	Strongly agree
	1	2	3	4	5	6	7
The building my department is located in meets my accommodation needs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have difficulty getting around campus due to my need for physical accommodations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel that the MU campus is a fully accessible campus to travel around on	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

NeedsTime

This question lets you record and manage how long a participant spends on this page. This question will not be displayed to the participant.



6-Well-being Maintenance

Block Options

Gethelp1

Please indicate how much you agree or disagree with each of the following statements.

I know where to get help on campus if I have a...



	Strongly disagree	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree	Strongly agree
	1	2	3	4	5	6	7
Health need	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Counseling, psychological or other mental health need	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Question regarding career opportunities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Page Break

Have you ever used University counseling services?

Counseling1

- Yes
- No



Have you ever considered using University counseling services?

Counseling 2

No, not at all

Yes, definitely

- |                       |                       |                       |                       |                       |                       |                       |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1                     | 2                     | 3                     | 4                     | 5                     | 6                     | 7                     |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



----- Page Break -----

I am afraid of what people might think if I seek help for my mental health.

GetMHhelp

Not at all

A little

Some

A Lot

Very Much

- |                       |                       |                       |                       |                       |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1                     | 2                     | 3                     | 4                     | 5                     |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



----- Page Break -----

Please indicate whether the following statements are true or false for you.

Gethelp2



	Definitely false 1	Probably false 2	Probably true 3	Definitely true 4
If I were sick, I could easily find someone to help me with my daily chores	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel that there is no one I can share my most private worries and fears with	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

----- Page Break -----

About how many days in a typical week do you...

Health1



	0 days	1 day	2 days	3 days	4 days	5 days	6 days	7 days
Work out or get exercise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participate in social outings with friends for non-academic purposes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participate in other personally enriching non-academic activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

----- Page Break -----

How often do you have a drink containing alcohol?

AUDITC1



- Never
- Monthly or less
- 2 to 4 times a month
- 2 to 3 times a week
- 4 or more times a week

How many drinks containing alcohol do you have on a typical day when you are drinking?

AUDITC2



- 1 or 2
- 3 or 4
- 5 or 6
- 7, 8, or 9
- 10 or more
- Not applicable

How often do you have six or more drinks on one occasion?

AUDITC3



- Never
- Less than monthly
- Monthly
- Weekly
- Daily or almost daily

----- Page Break -----

How often do you use marijuana?

Marijuana1



- Never
- Monthly or less
- 2 to 4 times a month
- 2 to 3 times a week
- 4 or more times a week

How many times do you use marijuana on a typical day when you use drugs?

Marijuana2




- 0
- 1 or 2
- 3 or 4
- 5 or 6
- 7 or more
- Not applicable

----- Page Break -----

Friends

How difficult do you find making friends?


 Not at all difficult

1	2	3	4	5	6	Extremely difficult	7
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Page Break

Friends3

Do you feel like you have close friends in Columbia?


 No, not at all

1	2	3	4	5	6	Yes, definitely	7
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Page Break


Dating

How difficult do you find dating while in graduate school?

 Not at all difficult

1	2	3	4	5	6	Extremely difficult	7
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

NotDating

  I am not currently dating (e.g., I have a partner, do not currently have time, etc.)

I have no interest in romantic relationships

Page Break


Meeting

How interested would you be in a program or event to help meet other graduate students for...

	Not at all interested						Very interested
	1	2	3	4	5	6	7
Friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social activities (sports, games, clubs, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Well-beingTime

This question lets you record and manage how long a participant spends on this page. This question will not be displayed to the participant.



4-Succeeding Academically

Block Options

Advisor

Please indicate the extent to which you agree or disagree with the following statements.

My advisor...



	Strongly disagree 1	Disagree 2	Somewhat disagree 3	Neither agree nor disagree 4	Somewhat agree 5	Agree 6	Strongly agree 7
Is a real mentor to me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is an asset to my academic and professional career	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is personable and relatable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is kind	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is responsive to me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Page Break

Complete

Please indicate the extent to which you agree or disagree with the following statements.

I am...



	Strongly disagree 1	Disagree 2	Somewhat disagree 3	Neither agree nor disagree 4	Somewhat agree 5	Agree 6	Strongly agree 7
On track to complete my degree program on time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Well-prepared for the work required to complete my program	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Upbeat about my post-graduation career prospects	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not very engaged by my day-to-day work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Given the space and resources I need at the University to succeed academically	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provided adequate teaching opportunities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

AdvisorTime

This question lets you record and manage how long a participant spends on this page. This question will not be displayed to the participant.



5-Department Climate

Block Options

Climate

Please indicate the extent to which you agree or disagree with the following statements.



	Strongly disagree	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree
	1	2	3	4	5	

I feel valued and included by my peers, the administration, and the faculty in my department

I feel like my culture is valued and respected by my peers, the administration, and the faculty in my department

There are tensions among faculty that create an uncomfortable atmosphere in my department

I am afraid to voice my concerns about the climate in my department for fear it might affect my advancement, or standing

My department reduces hassles and paperwork to a minimum and frees me to focus on what is important

climateTime

This question lets you record and manage how long a participant spends on this page. This question will not be displayed to the participant.



Finance

Block Options

Income

Please select the category that best reflects your current, gross household income.



- Under \$10,000
- \$10,000-\$15,000
- \$15,000-\$20,000
- \$20,000-\$25,000
- \$25,000-\$30,000
- \$30,000-\$35,000
- \$35,000-\$40,000
- \$40,000-\$45,000
- \$45,000-\$50,000
- \$50,000-\$55,000
- \$55,000-\$60,000
- Over \$60,000

Page Break



Finance

Please indicate the extent to which you agree or disagree with the following statements.



	Strongly disagree 1	Disagree 2	Somewhat disagree 3	Neither agree nor disagree 4	Somewhat agree 5	Agree 6	Strongly agree 7
I'm confident about my financial situation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I'm confident I'll have adequate funds to complete my research	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can get by financially without having to cut back on too many of the things that are important to me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I've been concerned about money lately	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Page Break

Funding

How are you primarily funding your studies and your living expenses this semester?  
Select up to two primary funding sources.

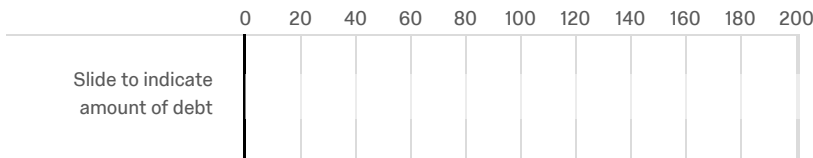


- Grants
- Loans
- Wages from employment
- Tuition/Fee remission
- Personal savings
- Funding from parents
- Funding from employer specifically for education
- Other

Debt

About how much debt will you have by the end of graduate/professional school?

(Note: numbers represent dollars in thousands)




DebtWorry

How worried are you about this debt?



Not at all Worried	1	2	3	4	5	6	Extremely Worried
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>


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FinanceTime



▼ Depression/Anxiety

Block Options ▼


 Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week by selecting the most appropriate response.

CES1



	Rarely or none of the time (less than one day)	Some or little of the time (1-2 days)	Occasionally or a moderate amount of the time (3-4 days)	All of the time (5-7 days)
I was bothered by things that usually don't bother me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I had trouble keeping my mind on what I was doing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt depressed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt that everything I did was an effort	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt hopeful about the future	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

----- Page Break -----

 Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week by selecting the most appropriate response.

CES2



	Rarely or none of the time (less than one day)	Some or little of the time (1-2 days)	Occasionally or a moderate amount of the time (3-4 days)	All of the time (5-7 days)
I felt fearful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My sleep was restless	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I was happy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt lonely	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I could not "get going"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

----- Page Break -----

GAD7

Over the last 2 weeks, how often have you been bothered by the following problems?



	Not at all	Several days	Over half of the days	Nearly every day
Feeling nervous, anxious, or on edge	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not being able to stop or control worrying	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worrying too much about different things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Trouble relaxing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being so restless that it's hard to sit still	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Becoming easily annoyed or irritable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feeling afraid as if something awful might happen	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

GAD72

If you checked off any problems, how difficult have these made it for you to do your work, take care of things at home, or get along with other people?



Not difficult at all      Somewhat difficult      Very difficult      Extremely difficult

DepAnxTime

This question lets you record and manage how long a participant spends on this page. This question will not be displayed to the participant.



Additional demographic questions (place at or near end)

Block Options

Political

How is your political ideology best described?



Very liberal      Liberal      Moderately liberal      Moderate      Moderately conservative      Conservative      Very conservative

1                  2                  3                  4                  5                  6                  7

Page Break

Sexuality

How do you define your sexual orientation?



- Straight
- Bisexual
- Lesbian
- Gay
- Asexual
- Other

Page Break

Which of the following best describes your religious identity?

Relig1



- Catholic or Greek Orthodox Christian
- Protestant Christian
- Latter Day Saint, or Mormon
- Jewish
- Hindu
- Buddhist
- Muslim
- Pagan
- Native American religious tradition
- Agnostic
- Atheist
- Other (please specify)

How important is your religious affiliation in your life?

Relig2



- |                         |                       |   |                       |                        |                       |                       |
|-------------------------|-----------------------|---|-----------------------|------------------------|-----------------------|-----------------------|
| Not at all<br>important |                       | Neither<br>important nor<br>unimportant |                       | Extremely<br>important |                       |                       |
| 1                       | 2                     | 3                                       | 4                     | 5                      | 6                     | 7                     |
| <input type="radio"/>   | <input type="radio"/> | <input type="radio"/>                   | <input type="radio"/> | <input type="radio"/>  | <input type="radio"/> | <input type="radio"/> |

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Demo2Time



Feedback


Block Options

We would like to hear from you!


Feedback


If any thoughts or feelings occurred to you while taking this survey that you would like to share, please take a moment now to do so. We are also interested in any ideas you may have for improving graduate student well-being. Write as much or as little as you would like.




 Feedback 2

If you have any feedback on the survey itself, please let us know here. The feedback you provide will be used to improve future versions of the survey.




 FeedbackT ime


This question lets you record and manage how long a participant spends on this page. This question will not be displayed to the participant.



▼ Debriefing Block Options ▼

 debrief

Thank you very much for participating in this survey! Your responses will help us to improve the graduate student experience at the University of Missouri.

 Again, all of your responses are anonymous, and cannot be linked to your name or identity. These data may be published by the Graduate Professional Council (GPC) but only in aggregate form.

If you have any questions or comments regarding the survey, you may contact GPC at [gpc@missouri.edu](mailto:gpc@missouri.edu). You may also contact the President of GPC ([gpcpresident@missouri.edu](mailto:gpcpresident@missouri.edu)), or the GPC Student Affairs committee at [gpcsecretary@missouri.edu](mailto:gpcsecretary@missouri.edu). We would love to hear any comments, questions, or concerns that you may have about this survey.

If you wish to learn more about the MU Counseling center, please see <https://counseling.missouri.edu> for information on the program and services that are offered to students.

**Please click to submit your responses. If you wish to enter your name for inclusion in a drawing for prizes, you may do so after clicking. You will be redirected to a separate survey used only to collect names and distribute prizes. Entering your name for prizes is optional, and your name will NOT linked to your responses.**

[Add Block](#)

