Graduate Professional Council General Assembly Meeting

Meeting Minutes

2/13/2014

Meeting called to order at 6:03 P.M.

I. Call to Order (Eric Hucker)

II. Adoption of the Minutes (Motion: Alex Howe, At-large; Second: Jordan Hoyt, At-large)

III. Adoption of the Agenda (Motion: Alison Rutledge, English; Second: Ashley Ermer, Human Development and Family Services)

IV. Officer Reports
   A. Technical Coordinator (Alex Schalla)
      1. No report

   B. State issues Coordinator (Salama Gallimore)
      1. Legislative Update – Senate Bill 492
      2. Report provided by Ms. Gallimore:

Senate Bill 492

Status:
Passed out of Education Committee, placed on the informal calendar for perfection

Full Text

http://www.senate.mo.gov/14info/BTS_web/Bill.aspx?SessionType=R&BillID=27723556

How it affects Mizzou?:

- Requires each public four year institution of higher education and State Technical College to annually prepare an institutional budget and submit it to the Dept. of Education. The bill requires the cooperative development of a university resource allocation model by all four-year institution and the coordinating board for Higher Ed must approve the model.

- Core funding level for each institution will be the appropriated amount for fiscal year 2015. Any annual increases in appropriations from the previous fiscal year’s state
funding level will be distributed in the following manner:

- At least ninety percent of the increase will be distributed based on the Institutional performance measures;
- No more than ten percent of the increase will be distributed to address inequitable state funding on a per student basis,
- Inequitable state funding determined on a per credit hour basis, or a combination of the two, as described in the act.
- Any inequity that results from performance funding measures must not be considered when distributing funds to address inequitable state funding.

- The Council developed the allocation model last year to reflect varying costs of providing education and conducting research at each public four-year institution.

C. National Issues Coordinator (Jesse Kremenak)
   1. Legislative Action Days
      a. Leading a delegation of MU and Washington University students from March 1-March 4, 2014 in Washington, D.C.
      b. Will be discussing graduate student debt and visa revalidation
      c. Get on Facebook and other social media and voice your concerns about graduate student debt

D. Programming and Publicity (Michael Steska)
   1. Deadline for RCAF applications is tomorrow, February 14, 2014

E. Secretary (Michael Burfield)
   1. Nothing to report

F. Treasurer (Hallie Thompson)
   1. Travel Awards have been determined; awardees will be notified tomorrow

G. Vice President (Eric Hucker)
   1. Need a member for SOAC
   2. Gold Chalk Nominations have been distributed

H. President (Jacob Wright)
   1. Officer nominations begin next month
      a. Additional nominations and election at April General Assembly Meeting
   2. Graduate Dean search is continuing
3. New Chancellor will be visiting General Assembly soon

V. Liaison Reports

A. GSA (NAME)
   1. GSA Travel Awards
      a. Four times per year (can apply each time; next due March 31)
      b. Can apply even if you receive GPC award

B. Status of Women Committee (Jordan Hoyt)
   1. *Vagina Monologues*
      a. Saturday, February 15, 2014, 7:00 P.M., Jesse Auditorium $12/$15
   2. Women's Health and Wellness Fair
      a. March 11, 2014, 11:00 A.M.-2:00 P.M.

VI. Special Orders

A. At-Large Representatives
   1. (None)
VII. Old Business
   A. (None)

VIII. New Business
   A. Wellness Resource Center (Jordan Hoyt, in place of Kim Dude)
      1. Slides

Slide 1

Graduate Student Health Behaviors

Kim Dude
Director of the Wellness Resource Center
University of Missouri
DudeK@missouri.edu
Data from the MU Wellness Survey, Nov. 2012
n=1,011

Slide 2

Profile of a graduate student

- **Older** (average age of grad students at Mizzou is 26 with 39% over 28)
- **International** (about 25% at MU)
- **Financial issues**
  - More likely to have a job
  - More likely to have a family
  - More likely to have child care needs
  - More likely to have debt
Misperceptions about grad students

- They won’t go to an event unless there is alcohol
- They don’t want to get involved on campus
- They don’t need campus services like undergrads do

Drinking Rates:
Grad Students vs. Undergrad Students

<table>
<thead>
<tr>
<th></th>
<th>Graduate</th>
<th>Undergrad</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average # of drinks per week</td>
<td>5</td>
<td>8</td>
</tr>
<tr>
<td>Their perception is 25 drinks per week</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Binge rate</td>
<td>25%</td>
<td>40%</td>
</tr>
<tr>
<td>2 hour binge rate</td>
<td>16%</td>
<td>38%</td>
</tr>
</tbody>
</table>

What Mizzou students enjoy more than drinking

<table>
<thead>
<tr>
<th></th>
<th>Grad</th>
<th>Undergrad</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outdoor activities</td>
<td>81%</td>
<td>72%</td>
</tr>
<tr>
<td>Working Out</td>
<td>80%</td>
<td>75%</td>
</tr>
<tr>
<td>Studying</td>
<td>51%</td>
<td>34%</td>
</tr>
<tr>
<td>No alcohol at parties</td>
<td>41%</td>
<td>34%</td>
</tr>
</tbody>
</table>
Why they do not drink or drink less

- Academic obligations
  - Grad: 59%
  - Undergrad: 59%
- Cost of alcohol
  - Grad: 54%
  - Undergrad: 45%
- Don't want a hangover
  - Grad: 53%
  - Undergrad: 38%
- Work
  - Grad: 54%
  - Undergrad: 43%

Graduate Students’ Mental Health

- Feel stressed: 66%
- Feel extremely stressed: 17%
- Causes of stress
  - Academics: 84%
  - Work: 46%
  - Money: 50%
  - Time management: 45%

Graduate Students’ Mental Health

- Suicidal thoughts
  - Past year: 15%
  - Past month: 5%
  - Past two weeks: 3%
- Suicide attempts
  - Past year: 6%
- Where do they go for help
  - Friend: 52%
  - Counseling Center: 47%
Slide 9

**How graduate students relieve stress**

- Talk to friends 68%
- Exercise 61%
- Make lists 61%
- Take nap 56%
- Talked to family 52%
- Alcohol 33%

Slide 10

**What the WRC offers grad students**

- Collection of data on graduate students
  - Needs, interests and health behaviors
- Provide special services
  - Off campus student services office
  - Wellness coaching/smoking cessation
  - Fitness and nutrition counseling
  - Ask, Listen and Refer
  - Relaxation station
  - Get to know CoMo
  - MUve...MU Values exercise and eating well

Slide 11

**How the WRC is going to try get grad students engaged/involved**

- Be an advocate
  - Work with graduate and professional council
  - Tiger pantry—food pantry
  - Help create a family friendly campus
- Outreach
  - Presentations at grad school orientations
  - Social media
  - YouTube educational videos
  - Financial management sessions
  - OCSS & the Graduate School
B. Associated Students of the University of Missouri (Corbin Evans)
   1. Position available: Executive Director
   2. FTE available for graduate students
   3. Email asum@umsystem.edu for information

C. Funding Request
   1. Angela Haeny: Association for Black Graduate and Professional Students
   2. Request: $250
   3. Recommendation from Finance Committee: Fund for full amount
   4. Alex Howe (At-large): Speaking in favor of the event, asks if we might be able to fund for more than requested amount
   5. Motion to increase funding amount to $421 (Alex Howe, At-large; Second: John Gerhard, Political Science)
   6. Motion passes, request will be funded for $421
   7. Slides:
General Funding Request

- **Organization:**
  Association of Black Graduate and Professional Students (ABGPS)
- **Number of Active Members:** 10

MIZ-BLK: Rediscovering the Civil Rights History of the University of Missouri and Columbia

- **Time:** 2/6/14 from 6:00 pm to 7:30 pm
- **Place:** Missouri Theatre
- **Description:** This Black History Month event consists of a presentation on the history of Lloyd Gaines followed by a panel discussion of individuals from MU and the Columbia community who will share their perspectives on breakthroughs, disappointments, and hopes for MU and the Columbia community.

Marketing

- **Outdoor:** Flyers have been posted throughout campus
- **Media (Television, and Radio):** Radio - KFRU and KBIA
- **Web:** ABGPS Facebook Page
- **Other:** Professors, Administrators, and Organizations have been emailed/contacted.
Budget and Funding Sources

<table>
<thead>
<tr>
<th>Item</th>
<th>Expense</th>
<th>Funded by:</th>
<th>Amount funded:</th>
<th>Outstanding</th>
</tr>
</thead>
<tbody>
<tr>
<td>Missouri Theatre Employees</td>
<td>$400</td>
<td>BLSA</td>
<td>$100</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>BHMC</td>
<td>$200</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>BCC</td>
<td>$100</td>
<td></td>
</tr>
<tr>
<td>Drinks and Dessert at Reception</td>
<td>$421</td>
<td></td>
<td></td>
<td>$421.00</td>
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<tr>
<td>Total Expenses:</td>
<td>$821.00</td>
<td>Total Funded:</td>
<td>$400.00</td>
<td>Total Outstanding: $421.00</td>
</tr>
</tbody>
</table>

Benefits to Graduate and Professional Students

- Educational
  - Opportunity to learn about the Black history of Columbia and MU
- Social
  - Dialogue with others in the community on how to continue on the path toward change
- Other
  - Hear the stories of prominent figures at MU and in the community
- Total Requested from GPC: $250

Donations

D. Consideration of Assembly Resolution 1314-02: A Resolution to Amend the Constitution and Bylaws of the Graduate Professional Council
1. Sponsor: Jake Wright, GPC President
2. Sponsor: Jesse Kremenak, National Issues Coordinator

BE IT ENACTED BY THE GENERAL ASSEMBLY HERE GATHERED THAT:

WHEREAS, GPC’s Constitution and Bylaws have not been revised in at least four years, and

WHEREAS, It is vital that these regular revisions take place, so that changes in GPC’s organization and mission can be codified, and

WHEREAS, In addition to addressing typographical errors, the proposed revisions and amendments will address inconsistencies between the bylaws and current GPC practices, add new responsibilities to Executive Board Positions, and provide a mechanism for a tie-breaking vote in election procedures, be it

RESOLVED, By majority vote of the General Assembly here gathered, that the following article is proposed as an amendment to the Constitution and Bylaws of the Graduate Professional Council, which shall be valid to all intents and purposes as part of the Constitution effectively immediately upon adoption

3. Remainder of resolution emailed to General Assembly Representatives
4. Motion to adopt resolution in whole (Salama Gallimore, Law School; Second: Marcelius Braxton, ABGPS)
5. Resolution passes unanimously

IX. Open Forum
1. (None)

X. Adjournment
1. Motion: Mike Steska, Programming and Publicity Chair
2. Seconded: Chris Younger, At-large

Meeting Adjourned at 6:58 P.M.